



SUNSCREEN & Insect Repellent APPLICATION PROCESS

Sunscreen:

We request that you apply sunscreen (at least SPF 30) to your camper before sending them to camp. Sunscreen is most effective when absorbed at least 30 minutes before sun exposure, per the American Academy of Pediatrics.

- Students will be prompted throughout the day to self apply sunscreen, but our staff will not apply it.
- Staff will trust and believe campers when they say they applied sunscreen and applied it correctly. Please discuss with your child how you wish them to apply their sunscreen.
- Campers are not allowed to share their sunscreen products and are prohibited from applying sunscreen to each other.
- I understand that Camp participants spend a majority of their time outside and that the use of sunscreen may not prevent my child from being sunburnt, but will aid in the protection against harmful sun rays.

Insect Repellent:

Parents are responsible for providing insect repellent for their child to use at camp. Insect repellent can be effective in keeping biting bugs away!

- Students will be prompted throughout the day to self apply Insect repellent, but our staff will not apply it.
- Staff will trust and believe campers when they say they applied Insect repellent and applied it correctly. Please discuss with your child how you wish them to apply their insect repellent..
- Campers are not allowed to share their Insect repellent products and are prohibited from applying bug repellent to each other.
- I understand that Camp participants spend a majority of their time outside and that the use of insect repellent may not prevent my child from being bitten by bugs, but will aid in the protection against biting bugs.

Please Sign and return before Camp that you understand our Sunscreen and Insect Repellent Process!

Camper's Name: _____

Parent's Signature: _____